



St. Mary Our Lady of the Seven Sorrows Roman Catholic Church

56 Duke Street West, Kitchener ON N2H 3W7

Under the Administration of The Congregation of the Resurrection

www.resurrectionists.ca



SIXTH SUNDAY IN ORDINARY TIME

Welcome to St. Mary's Parish!

No matter who you are or where you're from, we extend you a warm welcome and hope that you feel at home. For information on registration and to find out how you can get more involved with parish activities, please contact us at:

Phone: 519-576-3860

Email: stmarys@rogers.com

Website: www.stmarysrcchurch.ca

Our Parish Team

Fr. Toby Collins, C.R. – Pastor
Fr. Raphael Ma, C.R. – Associate Pastor
Fr. Paul Szymanowski, C.R. – Priest in Residence
Penny Laurette – Administrative Assistant
Robert Tasse – Music Director
Amy Cyr – Chef, Kitchen Project Manager
Andrew Zettel – Outreach Coordinator
Andrew Olinski – Caretaker

Parish Office Hours

Monday to Thursday: 8:30 am - 4:30 pm
Friday: 8:30 am - 1:00 pm

Parish Outreach

Are you interested in getting involved? Do you have ideas about how we might better serve our neighbours? If so, please contact Andrew Zettel, our Outreach Coordinator at andrewz.stmarys@gmail.com.

St. Vincent de Paul

For assistance with groceries and other needs call 226-988-5915 Monday - Friday, from 9:00 am to 11:00 am. For information on volunteering, please email Don McClure at don@teambilton.com.



Sunday Masses

Saturday: 5:00 pm
Sunday: 8:30 am and 11:00 am

Weekday Masses

Tuesday – Friday: 12:00 noon
(See inside for any possible changes)

Sacrament of Reconciliation

Thursdays: 11:30 – 11:50 am
Saturday: 4:00 – 4:30 pm

Eucharistic Adoration & Rosary

Adoration: Tuesday after Mass until 1:00 pm
Rosary: Wednesday after noon Mass

Baptism and Marriage

Please email the parish office at least 6 months before the required date for details.

Visits to the Sick

Please contact the parish office to arrange for Holy Communion and Sacrament of the Sick.

Tiny Home Takeout

Everyone deserves a great meal! Visit us Tuesday – Saturday from 5:00 – 6:30 pm and 'grab a bite, give if you can'. Visit tinychometakeout.com or email tinychometakeout@gmail.com for more information.



SIXTH SUNDAY IN ORDINARY TIME

MASS INTENTIONS

February 13 - 18, 2024



TUESDAY – ferial

James 1.12-18 Mark 8.14-21

12 noon †Yannis Anistasikis

12:30 pm Eucharistic Adoration until 1:00 pm

WEDNESDAY – Ash Wednesday

Joel 2.12-18 2 Corinthians 5.20-6.2 Matthew 6.1-6, 16-18

12 noon For the Renewal of Our Hearts During Lent

12:30 pm Rosary

5 pm For the Renewal of Our Hearts During Lent

THURSDAY – ferial

Deuteronomy 30.15-20 Luke 9.22-25

11:00 am Advent Penitential Service

12 noon For the Intentions of Amy Cyr

FRIDAY – ferial

Isaiah 58.1-9a Matthew 9.14-15

11:30 am Stations of the Cross

12 noon †Daniel Bartlett

FIRST SUNDAY OF LENT

Genesis 9.8-15 1 Peter 3.18-22 Mark 1.12-15

SATURDAY

4:00 pm Confession until 4:30 pm

5:00 pm ††Marie & Vince Kraemer, †Yannis Anistasikis, †Rose Armstrong, For the Deceased Members of the John Heffner Family, For the Intentions of Johnny, Eliana & Aila Farah

SUNDAY

8:30 am For Our Parishioners

11:00 am †Charles Gagner

PICTURE OF THE WEEK



Special thanks to the Campus Ministry team at St Jerome's University for donating a set of Gather hymnals to our parish! This will give our choirs an even greater variety of music to choose from. We are so grateful for the many ways we have been able to partner with SJU. God bless their students, staff & faculty. 🙏🙏

URGENTLY NEEDED



Tiny Home Takeout is in urgent need of **blankets and sleeping bags** for our unsheltered friends. Please drop them off in the bin at the back of the church by the bulletin board. Thank you!

KNIGHTS OF COLUMBUS MAPLE SYRUP SALE



With Lent approaching, the Kitchener Knights of Columbus have prepared a special treat that should enhance the custom of enjoying pancakes on Shrove Tuesday! The Knights will be selling their professionally prepared Maple Syrup **after all Masses this weekend, February 10th and 11th**. All proceeds will be used toward their charitable work. Your continual support for the Kitchener Knights is appreciated.

ST. MARY'S CATHOLIC WOMEN'S LEAGUE



Greetings & blessings dear Ladies!
Please join us **this Sunday, February 11th following 11 am Mass.** The "World Day of the Sick", will be our Prayer theme and liturgy for this meeting. Looking forward to celebrating this special time of prayer, fellowship, friendship & reflection!

ASH WEDNESDAY



February 14th. Ashes will be distributed during Mass at 12 noon and 5 pm. This unique part of our liturgical calendar calls us to re-examine our lives under the

three themes of prayer, fasting and alms-giving. These themes will be in all the readings and homilies at Masses during Lent. Our intention is always to draw closer to God and our neighbour and we invite you to enter into this season with us - hands open to receiving God's grace and hearts renewed for more opportunities to share God's love.

PLEASE NOTE: Parking will be available in the church lot at Young & Duke Streets.

STATIONS OF THE CROSS



Join us every Friday at 11:30 am during Lent for Stations of the Cross, followed by 12 noon Mass.

RESURRECTIONIST VOCATION MINUTE



The man from today's Gospel was conscious of the risk of rejection he faced. Fully aware that his actions were crossing established lines, the man afflicted with leprosy nevertheless chose to confront this risk. His intense longing for connection and healing overcame his fears. It is fascinating that, despite his intense longing and hope for healing, the man didn't force Jesus to heal him. By saying, "If you choose, you can make me clean," he left the decision to Jesus, entrusting his healing to Jesus' will. He completely surrendered himself into Jesus' hands. Read more at www.resurrectionists.ca

ST. VINCENT DE PAUL CORNER



A big thanks to St. Mary's for your continued donations to SSVP's ongoing personal care products drive. Although donations dropped off from 169 lbs in December to 60 lbs in January, we're counting on your generosity to get donations back up to those fantastic December levels. Our friends will be grateful. We are in special need of deodorant and shampoo/conditioner, but you can always look for the poster on the bins and the take-home flyers for the full list of requested items. Through your kindness and generosity, you are not just giving our brothers and sisters in need personal care products - you are providing them with dignity.

Online

GROUP SPIRITUAL DIRECTION

WHY@Breakfast

Looking for growth and direction in your journey of faith? Group Spiritual Direction allows participants to enjoy God's promptings and the fellowship of others who are also seeking God on their spiritual journey. Sister Eileen Power, CND and Therese Lee are facilitating **online, biweekly group sessions** on the following dates and topics: **February 17th-**

Discernment; March 2nd-

Self-reflection; March 16th-

Self-denial. Meetings start promptly at 9:30 am and end before 11:30 am. If you are interested in joining our Group and for more information, please send an email to

whyatbreakfast@gmail.com to indicate your desire to tread on this spiritual journey to talk and to listen to God.



Online

THE ECUMENICAL WEEK OF GUIDED PRAYER AND SPIRITUAL EXPLORATION

Sunday, February 18th to Saturday, February 24th.

This is an opportunity to enrich your spiritual life and deepen your relationship with God. We hope you can join us. Information and registration online at www.guidedprayer.ca until Sunday, February 11th.



BISHOP OF HAMILTON

LENTEN MESSAGE 2024

February 1, 2024

Brothers and Sisters in Christ,

Lent is upon us – a time to strengthen our relationship with Jesus Christ and seek inner transformation through fasting, prayer, and acts of generosity. The Church assists us by providing many supports. Throughout Lent we are invited to participate in community *celebration of the Holy Eucharist* – on Sundays and at daily Mass during the week. Reading and reflecting on *the Scripture passages of the day* is an excellent practice, as is *any reading* that guides you closer to the Lord.

Throughout Lent, the *Sacrament of Reconciliation* is offered in your Parishes. If you are unable to find a convenient time, contact your Parish Priest who will be happy to find a time suited to your schedule. Most Parishes pray the *Stations of the Cross* as a faith community. Or you can pray them privately at your Parish church. The *Holy Rosary* is always a prayer that promotes inner peace and closeness to the Lord.

The *Canadian Catholic Organization for Development and Peace / Caritas Canada* provides a variety of ways to offer “alms” to brothers and sisters in need through the *Share Lent campaign*. *Create Hope* is the central theme of this campaign for the coming five years. The specific theme this year is *Reaping our Rights*, echoing Pope Francis’ recent reflections in *Laudate Deum*, “Everything is connected” and “no one is saved alone”! We are invited to uphold the rights of peasants, human rights, and environmental rights, ensuring respect for all.

The Cross traced on our forehead on Ash Wednesday reminds us that “*we are going to die*”! If we know we are going to die, we must decide “*how we choose to live*”! On Easter Sunday we renew our Baptismal Promises and are sprinkled with Easter water – washing away the ashes, and renewing the assurances of our faith! We choose to live by faith in Jesus Christ – who saves us and lifts us up!

We enter the Lenten Fast committed to make a difference in our own lives, in the lives of those we love, and in the lives of brothers and sisters in the Global South. Please be generous on *Solidarity Sunday*, March 17, 2024 – the Fifth Sunday of Lent. May God bless us all as we begin this sacred journey.

Sincerely in Christ and Mary Immaculate,

+Douglas Crosby, OMI
(Most Rev.) Douglas Crosby, OMI
Bishop of Hamilton

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